

## PRODUCT SUMMARY

The best part about Lemongrass Vitality essential oil is that its taste is as blissful and fresh as its smell. Full of bright and citrusy flavor, Lemongrass Vitality is the perfect staple for enhancing dishes in the kitchen. If you are inspired by Asian cuisine, this oil will be a family favorite.

On top of its delicious taste, Lemongrass Vitality has several health benefits. It may support overall wellness, the digestive system, and a healthy circulatory system when taken as a daily supplement.

## KEY INGREDIENTS

Lemongrass essential oil

## EXPERIENCE

Lemongrass Vitality has a crisp, herbaceous, citrus-lemon flavor that when taken internally has many health benefits, including digestive support and cleansing properties.\*

## PRODUCT BACKGROUND

Lemongrass, originally native to India, Guatemala, and other tropical areas, has been used traditionally to improve the flavor of foods and drinks. The lemongrass plant is steam distilled to produce Lemongrass Vitality, which enhances blends such as DiGize™ and supplements such as Essentialzymes-4™ and MultiGreens™.



## BENEFITS & FEATURES

- May support the digestive system and overall wellness\*
- Has cleansing properties\*
- Maintains a healthy circulatory system\*
- Is a key ingredient in our Slique® CitraSlim™ weight-management product
- Enhances the flavor of foods and water

## SUGGESTED USE

- Put 1–2 drops in a vegetarian gel capsule to take as a dietary supplement to support the digestive system.\*
- Add 2–3 drops to water or hot tea for a light, refreshing flavor and for Lemongrass Vitality's cleansing properties. This is an excellent alternative if swallowing a pill is difficult.\*
- Add Lemongrass Vitality to recipes to enhance and brighten the flavor.

# LEMONGRASS VITALITY™



## DIRECTIONS

Dilute 1 drop with 1 drop of carrier oil. Put in a capsule and take up to 3 times daily.

## CAUTIONS

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

## ALSO AVAILABLE

Lemongrass Essential Oil (Item No. 3581)

## Supplement Facts

Serving Size: 1 drop

Amount Per Serving	%DV
Lemongrass ( <i>Cymbopogon flexuosus</i> ) leaf oil	60 mg**

\*\*Daily Value (DV) not established.

## INGREDIENTS

Lemongrass (*Cymbopogon flexuosus*)† leaf oil

†100% pure, therapeutic-grade essential oil

## FREQUENTLY ASKED QUESTIONS

**Q.** How do you properly ingest Lemongrass Vitality on its own?

**A.** Dilute 1 drop with 1 drop of carrier oil. Put in a capsule and take up to 3 times daily.

**Q.** How much Lemongrass Vitality should be used in recipes?

**A.** Because of its high potency, start with dipping a toothpick in the oil and swirling it through the ingredients for a lighter Lemongrass Vitality flavor in your dish. Add more as needed.

**Q.** Is there a difference between Lemongrass essential oil and Lemongrass Vitality?

**A.** Lemongrass essential oil and Lemongrass Vitality contain the same essential oil. Lemongrass essential oil is labeled for topical and aromatic use, and Lemongrass Vitality is labeled for dietary use. The designation of the two product allows you to share all the ways to use Lemongrass in the correct way.

## COMPLEMENTARY PRODUCTS

Basil Vitality™  
Essential Oil  
Item No. 5583



Coriander Vitality™  
Essential Oil  
Item No. 5635



Lemon Vitality™  
Essential Oil  
Item No. 5625



Rosemary Vitality™  
Essential Oil  
Item No. 5629

