

PRODUCT SUMMARY

Laurus Nobilis is native to the Mediterranean region and is commonly known in cooking as bay leaf. Anciently viewed as a plant of good luck, its flavor is a common addition to many soup, vegetable, and meat dishes. Add a drop of Laurus Nobilis Vitality™ essential oil to any recipe to enjoy a distinct flavor and fragrance. Laurus Nobilis Vitality also has many health benefits, including supporting a healthy immune system, providing cleansing properties, and delivering powerful antioxidants.*

KEY INGREDIENTS

Laurus Nobilis essential oil

EXPERIENCE

Laurus Nobilis Vitality offers significant benefits when taken internally and can elevate the flavor profile of many of your favorite foods, including roasted veggies, baked chicken, rich stews, even homemade pickles!

PRODUCT BACKGROUND

Laurus Nobilis was known anciently as the “plant of good luck.” Today it is commonly known as bay laurel, or bay leaf. The Laurus Nobilis plant comes from the Lauraceae botanical family and is native to the Mediterranean region. Laurus Nobilis Vitality essential oil is derived by steam distilling the plant’s leaves and twigs.

BENEFITS & FEATURES

- Has a sophisticated, piney, and slightly bitter taste
- Enhances many dishes, from soups to sauces
- Contains powerful antioxidants that support a healthy lifestyle*
- Provides support for a healthy immune system and cleansing properties when combined with a healthy diet*



DIRECTIONS

Dilute 1 drop of Laurus Nobilis Vitality with 1 drop of carrier oil. Put in a capsule and take up to 3 times daily or as needed.

SUGGESTED USE

- Use it as a seasoning for soups, sauces, marinades, stews, and pickles.
- Dilute 1 drop with 1 drop of V-6™ Vegetable Oil Complex and take it as a dietary supplement for powerful antioxidants.
- Add 2 drops to hot water and enjoy before or after meals for Laurus Nobilis Vitality’s cleansing properties.
- Add it to your favorite green juice or smoothie to help support your immune system.*

CAUTIONS

Keep out of reach of children. If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

LAURUS NOBILIS VITALITY™



INGREDIENTS

Bay (*Laurus Nobilis*)† leaf oil

†100% pure, therapeutic-grade essential oil

Supplement Facts

Serving Size: 1 drop

Amount Per Serving	%DV
Bay (<i>Laurus nobilis</i>) leaf oil	60 mg**

**Daily Value (DV) not established.

FREQUENTLY ASKED QUESTIONS

Q. How do you properly ingest Laurus Nobilis Vitality on its own?

A. Dilute 1 drop of Laurus Nobilis Vitality with 1 drop of carrier oil. Put in a capsule and take up to 3 times daily or as needed.

Q. How much Laurus Nobilis Vitality should be used when substituting for fresh or dried Laurus Nobilis in recipes?

A. Because of its high potency, start with dipping a toothpick in the oil and swirling it through the ingredients for a lighter Laurus Nobilis flavor in your dish; add more as needed.

Q. Is there a difference between Laurus Nobilis Vitality and Laurus Nobilis essential oil?

A. Laurus Nobilis essential oil and Laurus Nobilis Vitality contain the same essential oil. Laurus Nobilis Vitality is labeled for dietary use, and the classic Laurus Nobilis essential oil is labeled for topical and aromatic use. The designation of the two products allows you to share all the ways to use Laurus Nobilis in the correct way.

COMPLEMENTARY PRODUCTS

Laurus Nobilis
Essential Oil
Item No. 3574



Oregano Vitality™
Item No. 5594



Sage Vitality™
Item No. 5642



Rosemary Vitality™
Item No. 5629

